

# Outpatient Services



## **Chemical Dependence Medically Supervised Treatment and Intensive Outpatient Services**

### **Westminster Hall**

73 Lenox Avenue @ 114th Street  
New York, New York 10026  
(212) 663-1975 - Administration  
(212) 663-1596 - Outpatient Center  
[www.CREATEinc.org](http://www.CREATEinc.org)

### Office Hours:

Monday thru Fri; 9:00AM to 7:30PM and  
Sat, 10:00AM to 2:00PM

### Directions:

Subway: #2 and #3 Trains to West 110th  
St. and #6 Lexington Avenue line to East  
110th Street (walk West to Lenox Ave.)

Bus: #7, #102 and #116 crosstown all to  
116th St. and Lenox Ave.

## **Mission**

The mission of CREATE, Inc. is to promote the physical, psychological, social and spiritual well-being of the people we serve through the provision of sensitive, caring services that empower individuals, families, and communities.

## **Background**

CREATE, Inc. is a Harlem-based agency that has served this community and neighboring New York communities since 1970. We began as a storefront on 112th Street and St. Nicholas Avenue with financial support from the Franciscans. Since our humble origins we have grown into a large multi-service agency with funding from governmental agencies and from the private sector. CREATE, Inc. is a non-sectarian, non-profit organization working in partnership with Columbia Presbyterian Hospital, Harlem United and NADAP.

# RECOVER AT CREATE



Medically Supervised Treatment Program  
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## CREATE PHILOSOPHY

We believe that addiction is a treatable brain disease that profoundly affects the lives of individuals, families, and communities. CREATE, Inc. is committed to providing our participants and their families with quality clinical services and treatments that are trauma-informed, patient-centered, and holistic. Our primary objective is to improve the emotional, physical, and spiritual lives of our participants and their loved ones.

- All therapeutic services are provided in individual, group, and family modalities and are evidence-based.
- Medication Assisted Treatment (suboxone) is offered and used in conjunction with counseling and behavioral therapy, to provide a whole-patient approach to the treatment of substance use disorders.
- All participants are assigned to a Primary Counselor who will develop an individualized treatment plan that addresses all areas of concern to participants and their loved ones.
- Medical services, psychiatric services, vocational services and case management are available on-site.

## Evidenced-Based Treatments

- Seeking Safety
- Dialectical Behavioral Therapy
- Cognitive Behavioral Therapy
- Thinking for Change
- Motivation to Change
- Expressive Arts Therapy

## Treatment Tracks

- Young Adult
- Intensive Outpatient
- Mental Wellness
- Offender Re-entry
- DWI
- Vocational
- Aftercare

## Family Support Program

CREATEs Family Support Program is designed to bolster the resilience of our families who have been ravaged by their loved ones addiction. Our talented and compassionate staff, utilizing a strength-based perspective, begins this process by helping families understand the illness of addiction, developing a family assessment and finally helping the family achieve equilibrium so they can move forward and function at an optimal level.

**Family and couples counseling available.**



## EXTRAS

- **Breakfast and lunch is served**
- **Transportation available**
- **Entitlement assistance**
- **Evening and Saturday services for working individuals**
- **Bi-lingual services**